

Louise Bradley of MHCC to receive CPA Humanitarian Award

Ottawa (April 10, 2017) – The Canadian Psychological Association (CPA) is pleased to announce that Ms. Louise Bradley has won this year's CPA Humanitarian Award for the tremendous leadership and vision she has provided to the Mental Health Commission of Canada (MHCC).

This award is presented to outstanding Canadian individuals or organizations whose work and commitment have significantly enhanced the psychological health and well-being of Canadians at a local, provincial, or national level.

Ms. Bradley began her career as a registered nurse. Having discovered a passion for mental health, she has held many roles in the mental health care sector, including front-line nursing, forensic and corrections care, research, and hospital administration. She became president and chief executive officer of the MHCC in 2010.

Under her leadership, the MHCC has worked successfully to improve the mental health of Canadians. Some of their many initiatives include: developing, implementing, and evaluating the At Home/Chez Soi housing first project; adapting and promoting Mental Health First Aid, with more than 250,000 Canadians now having received training to improve mental health literacy, reduce stigma, and help Canadians manage potential or developing mental health problems; and creating the National Standard of Canada for Psychological Health and Safety in the Workplace to help employers create and maintain mentally healthy workplaces.

Ms. Bradley will receive her award and address delegates at the CPA's National Convention, taking place at the Fairmont Royal York in Toronto, ON from June 8-10, 2017. The convention will be attended by nearly 2,000 researchers, practitioners, students, and policy makers from across the country and will feature presentations on a wide array of psychology topics.

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About the Canadian Psychological Association (CPA)

The CPA is the national association for the science, practice, and education of psychology in Canada. With over 7,000 members and affiliates, CPA is Canada's largest association for psychology. For more information, visit <u>www.cpa.ca.</u>

Media at the Convention

Media are highly encouraged to attend. Registered press will have complimentary access to the convention. Badges are required of all convention participants for entry into sessions and must be worn at all times. For more information, please contact the CPA's communications coordinator.

Press inquiries should be made to:

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